

RECEIVED
CENTRAL FAX CENTER
APR 22 2009

In the United States Patent and Trade Mark Office

5

In re application of : DANNY ADCOCK
Title: EXERCISE DEVICE
Serial Number: 10/537240
Filed on : 26 November 2003
10 Correspondence Date: 23 January 2009
Examiner: Allana Lewin
Art Unit 3764

15 Amendment and Response to First Official Action

Commissioner of Patents
P.O. Box 1450
Alexandria VA 22313-1450

20

Sir,

This amendment is in response to the office action mailed to the applicant on 23 January 2009.

25

Please amend the above application as indicated below:

Original claims 1-26 were deleted. Claims 27 – 53 are pending in the application.

30

The Applicant proposes the following revised Claims:

Annotated – Underline indicates amendment and brackets indicate deletions:

35 54 [27](Amended) A device for the exercise of the musculature of the upper arm, the device comprising: telescopically assembled co operating inner and outer tubular elements, each said tubular elements having end closure means at their outer ends; said outer tubular element including an inwardly projecting collar at its inward open end; said inner tubular element provided with an outwardly projecting collar at its inward open end; said collars co operating to prevent the withdrawal of said inner tubular element 40 from said outer tubular element when said tubular elements operate telescopically;